

CTFD Programs & Resources

The Caroline & Theodore Newhouse Center for Dancers

Individual Counseling

One-on-one counseling

Individualized counseling enables the organization to directly address the unique concerns of each dancer-client. One-on-one counseling is often a performer's first direct interaction with the organization as he/she begins to recognize the necessity of planning for a life beyond dance and address issues related to career changes. Face-to-face counseling is therefore invaluable in its role in assuring dancers that the organization will be alongside them through each step of the transition process.

Group Counseling

Focus and Support Groups

Focus and support groups allow dancer-clients to gather with their peers in a positive stress-free environment. Purposely small in size, focus and support groups are uniquely poised to destroy the isolationist stigma often associated with the career transition process. Dancer-clients discover that their peers in all areas of dance are encountering the same challenges and doubts which they are experiencing, which serve as a constructive counterpart to each participant's one-on-one counseling.

Focus and support groups support two (2) specific need-based communities:

The Business Group provides entrepreneurial dancers with practical business information and networking opportunities among fellow entrepreneurs and business practitioners.



Noah Racey's New York Song and Dance

The Diamond Group consists of mature dancers to discuss the shared concerns of late career development, finances, health, work-related skills, and other aspects of their professional lives.

CareerLine

CareerLine, the organization's nationwide toll-free telephone counseling hotline, allows dancer-clients outside of the New York City, Los Angeles, and Chicago areas to make use of free career counseling via telephone. Recognizing both the geographic distribution as well as the rigorous touring schedules of performing artists, the inclusivity of CareerLine allows dancers to make an initial contact or continue previous counseling with Career Transition For Dancers no matter where their career may take them.

Financial Assistance

The organization's financial assistance fund is divided into two programs:

The Caroline H. Newhouse Scholarship Fund

The Caroline H. Newhouse Scholarship Fund provides \$2,000 grants to dancers pursuing an undergraduate degree, certifications or launching a new business. Eligible dancers must complete an application form and provide documentation of a work history in performance. The Newhouse Fund was established in 2002 by the organization's Director Emerita Caroline H. Newhouse.

The Sono Osato Scholarship Program For Graduate Studies

The Sono Osato Scholarship Program For Graduate Studies provides \$5,000 merit-based scholarships toward graduate degrees in fields other than dance performance. The Osato scholarship program was created to help dancers meet the substantial financial commitments that come with the pursuit of a graduate-level degree. Areas of graduate study supported by the scholarship include professional degrees, the medical arts, the social work professions, physical and social sciences, education, business and the humanities. The program was established in 2005 by a generous gift from renowned dancer and actress, Sono Osato.



Career Resources

Career resources make up the final category in Career Transition For Dancers' cooperative services. These online resources help dancers to research new careers, remain up-to-date on the organization's other programs, and reach out to alumni.

Video Career Conversations

Easily accessible in a variety of ways, Video Career Conversations are archival recordings of the organization's live Career Conversations seminars. Video Career Conversations feature a panel of experts from a number of disciplines discussing a range of topics with transitioning dancers.

National Career Network

The National Career Network is a searchable online database connecting transitioning dancers with professionals interested in offering their own experience in a wide variety of non-dance fields.

Transition Links

Transition Links are a collection of external resources aggregated on careertransition.org which reflect and reinforce the organization's services. Categories such as career counseling, assessment and job search; financial aid for college; dance publications; and performing arts unions link to guides, tools, and resources all of which

have been selected and evaluated by Career Transition For Dancers' career counselors.

Movement Institute for Career Development

To Inspire

Career Conversations

Career Conversations are free seminars that expose dancers to the vast array of opportunities, resources, and career paths available. These seminars are geared toward both those dancers who are seeking guidance on jumpstarting the transition process and those who have begun to achieve a more finely-tuned awareness of the next step.

Stepping Into Hope & Change

Stepping Into Hope & Change are full-day career development conferences with sessions led by panels of industry experts and career counselors addressing issues such as: economic climate and conditions, career planning and forecasting, and self-discovery for transition preparation. Additionally, it provides a Networking/Resource Fair and break-out testimonials from successfully transitioned dancers. All of these elements are client/industry responsive and interactive.

Reaching Out

Local Outreach Project

Local Outreach Projects introduce dancers to Career Transition For Dancers' programs through their colleagues and peers, encouraging them to institute long-term career plans while still dancing. Each project varies in structure, based on dancers' interests, needs, and performance schedule. Our Local Outreach Project is an effective way to demonstrate how the issues of transition apply to all dancers while attendees are surrounded by their peers and organization alumni in a positive environment.

National Outreach Project

The National Outreach Project brings the organization's individual and group counseling services to cities with a significant dance presence. These two-day seminars introduce dancers around the country to the organization's signature counseling methodology so they can begin developing second careers while still performing. Throughout Part One, counselors use Career Transition For Dancers' signature career exploration methodology to help dancers identify personal interests and skills, discover career possibilities for the future, and address the emotional aspects of change. Part Two is dedicated to thirty-minute, one-on-one career counseling appointments and follow-up information to those who wish to continue using the organization's services.

Moves-Stories of Transition

Highlights the accomplishments of our nationwide dancer-clients, provides our audience with how-to videos and sources of inspiration.

Dancers on the Move

The monthly dancer-client specific e-newsletter informs dancers of upcoming programs, services and community events received by Career Transition For Dancers and partnering companies in their region.

MovingOn

The organization's semi-annual newsletter is read by over 60,000 current and former dancer-clients, funders, and other members of the dance community in print and online.

Website (careertransition.org)

Career Transition For Dancers' website is the organization's central networking and outreach resource hub. The website provides dancers with the tools and information to begin planning for their transition while still dancing and empowers them with on-going on-demand information over the course of their transition process – all on their own time and at a pace that is comfortable for each individual.

Resource Centers

The organization's New York and Los Angeles offices maintain Resource Centers for use by all dancers. The Resource Centers contain career development literature, university guides and course lists, listings of financial aid opportunities, archived copies of the organization's newsletter, testimonials from current and former dancer-clients, job postings, computers and printers for résumé and portfolio creation, and access to the organization's online career resources.

[Photos: Richard Tremine]



Nigel Lythgoe